

HERBS

Harvest your favorite herbs from June until frost. Collect your favorite varieties for drying indoors. Pick the flowers when the blossoms are fully open, leaves should be harvested before the plants bloom. When drying, strip the leaves from the bottom 6-8 inches of each stem. Gather into a bundle by tying the stems together and hanging upside down to dry. The leaves and flowers are very popular and have great medicinal value. Please refer to individual varieties for their specific uses. Before using the stems, branches, oils from any plant, consult a physician or health reference book as many can be toxic if used incorrectly or in excess. Do not mix herbal remedies or teas with medical prescription. Remember, self diagnosis and/or self medication is irresponsible and can be dangerous. Consult a health care professional or doctor in your area whenever in doubt. Herbs are essential in adding the zest and flavor to foods and drinks as a flavoring or seasoning. When leaves are used, cut and gather when the flower buds just start to form. During the past 4-5 years herbs have become more popular. They are easy and economically grown either in plant trays or pots. *Gourmet Tip: many varieties are easily dried in the microwave or frozen to be used later in the year by yourself or friends.*

ABSINTHE

ABSINTHE - 7701

20 in. - 333,000 S. White, daisy-like flowers with fine textured leaves. Very aromatic foliage, used in medicinal tea. Perennial.

- (HF) 1,000 sds-\$5.35; 2,000 sds-\$8.85; 5,000 sds-\$15.80; 10,000 sds-\$29.85

ANGELICA

ARCHANGELICA - 7735

30 in. - 4,500 S. Heirloom. Flavorful variety known for its Juniper berry taste from its leaves and branches. Since the 16th century in Germany, juice from crushed Angelica roots has been referred to as Carmelit Water. Used with tea, it is said to cure headaches and promote long life. Also, it relaxes the windpipe and has value in treating colds, flu, asthma, and bronchitis. Biennial.

- (H031) 1/64 oz.-\$10.80; 1/32 oz.-\$17.60; 1/16 oz.-\$31.90; 1/8 oz.-\$61.80; 1/4 oz.-\$121.60

ARTEMISIA

MUGWORT - 7669

48 in. - 278,000 S. A very durable and strong growing variety that does well in dry, chalky soil in a sunny location. Attractive green foliage has a bitter citrus aroma. Used as a medicinal tea to aid the digestive system after heavy, greasy meals. Perennial.

- (34A2) 5,000 sds-\$5.35; 10,000 sds-\$6.58; 25,000 sds-\$13.06; 50,000 sds-\$23.38; 100,000 sds-\$43.28

ARUGULA

RÖCKET-ROQUETTE - 7782

26,500 S. Heirloom. Tangy, peppery leaves used in salads. Annual.

- (H030) 1/16 oz.-\$5.35; 1/8 oz.-\$8.85; 1/4 oz.-\$14.55; 1/2 oz.-\$27.35; 1 oz.-\$52.95

BALSAM

BALSAM - 7712

15 in. - 4,000 S. Dwarf and compact growth habit. Large double flowers displayed above the foliage. Chinese herbalists use as a tea to clear blockage in the throat. Concentrated water extract from the foliage will ease the pain and lesions associated with Herpes. Flowers can be used as a textile dye or used to color the skin and nails. Annual.

- (BQ) 1/32 oz.-\$5.35; 1/16 oz.-\$8.85; 1/8 oz.-\$12.85; 1/4 oz.-\$21.65; 1/2 oz.-\$39.30

BASIL

CINNAMON - 7737

☞ 12-14 in. - 19,500 S. (Mexican Spice). A tender annual that is very useful as an accent with tea, fish, poultry and as an all-purpose seasoning. Annual.

- (HE) 500 sds-\$5.35; 1,000 sds-\$8.85; 2,000 sds-\$15.30; 5,000 sds-\$29.10

DARK OPAL - 7797

☞ 15 in. - 22,000 S. (All America Winner - 1962). Attractive, dark purplish-bronze foliage with slender lavender white flower spikes. Excellent for borders and mass plantings and versatile as an herb for culinary purposes. Annual.

- (B002) 1/16 oz.-\$5.35; 1/8 oz.-\$8.85; 1/4 oz.-\$14.65; 1/2 oz.-\$26.25; 1 oz.-\$49.50

FINO VERDE - 7450

18 in. - 24,000 S. (Piccolo). A dwarf strain. The smallest leaf variety available. Scent is sweet with a spicy, pungent flavor. Annual.

- (09E1) 1/8 oz.-\$5.70; 1/4 oz.-\$8.94; 1/2 oz.-\$15.42; 1 oz.-\$27.94; 2 oz.-\$52.05

HOLY (GREEN) - 7736

☞ 15 in. - 50,000 S. Ocimum Sanctum. Popular variety producing cinnamon scented leaves. Spicy clove flavored leaves dating back to biblical times. Leaves are slightly hairy and unique in appearance. Useful tool to significantly lower blood glucose levels of diabetics who have non-insulin dependency. Annual.

- (H064) 500 sds-\$5.35; 1,000 sds-\$8.85; 2,000 sds-\$15.30; 5,000 sds-\$29.10

HOLY (RED) - 7900

☞ 12-15 in. - 66,000 S. Ocimum sanctum. Green leaves with reddish purple tinge. Very aromatic, with a sweet scent of clove and spice. Small, pink flowers. Used in Thai cooking. Annual.

LEMON - 7738

☞ 12-14 in. - 20,000 S. Heirloom. A tender annual that is very useful as an accent (lemon) with tea, chicken, fish and vegetables. Annual.

LETTUCE LEAF - 7889

☼ 20,000 S. 85 days. A somewhat frilly large leaf, fragrant and flavorful. A culinary delight, it can be used in any recipe calling for regular basil. Ideal for salads, pesto, many Italian dishes and other ethnic cuisine.

- Each of the above: (HE) 500 sds-\$5.35; 1,000 sds-\$8.85; 2,000 sds-\$15.30; 5,000 sds-\$29.10

BASIL (continued)

LICORICE - 7817

12-15 in. - 21,500 S. Similar in habit to Cinnamon Basil with a licorice flavor. Used to flavor tea, candy and desserts. Used as a cough remedy in China for thousands of years as a tea. Annual.

LIME - 7400

16-20 in. - 18,000 S. Ocimum americanum. The compact plant has 2 in. long, bright green leaves. Add the distinct zesty aroma of lime and a citrus flair to fish or salads. 60 days to harvest. Annual.

- Each of the above: (HE) 500 sds-\$5.35; 1,000 sds-\$8.85; 2,000 sds-\$15.30; 5,000 sds-\$29.10

MAGICAL MICHAEL - 7728

12 in. - 23,000 S. (All America Winner - 2002). Specially developed for ornamental use and pack and small pot production. This very floriferous variety is much shorter and better branched than Basil Sweet Dani. Green foliage with attractive purple tips and small creamy white flowers make this item ideal as a foliage plant in combination containers. Very fragrant compared to other ornamental basil, but lower in oils than culinary basil.

- (30A1) 500 sds-\$5.35; 1,000 sds-\$7.51; 2,000 sds-\$12.46; 5,000 sds-\$25.57; 10,000 sds-\$43.79

MINNETTE - 7690

10 in. - 28,000 S. An outstanding variety for pot plant sales. Attractive, bushy, very small-leaved variety that forms a tight, compact mound that keeps its shape all season without pinching. Good spicy, flavor. Clouds of tiny white flowers appear in late summer. Annual.

- (HM) 1/8 oz.-\$5.35; 1/4 oz.-\$8.85; 1/2 oz.-\$12.40; 1 oz.-\$18.30

NUFAR - 7729

24 in. - 15,000 S. A fusarium and disease resistant strain. Very strong aromatic variety with leaves up to 4 in. long. Excellent in pesto dishes and gourmet cooking. Organically grown seed. Annual.

- (H104) 500 sds-\$5.35; 1,000 sds-\$8.85; 2,000 sds-\$12.40; 5,000 sds-\$25.85

PISTOU - 7768

10 in. - Compact plants with very small leaves. Much more uniform in terms of habit and leaf size than many of the classic compact varieties. Bred for pot plant production. Good flavor. Annual.

- (S158) 250 sds-\$5.35; 500 sds-\$8.90; 1,000 sds-\$16.95; 2,000 sds-\$30.45

(continued on next page)



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BASIL (continued)

PURPLE RUFFLES - 7739

18 in. - 21,000 S. (All America Winner - 1987). Glossy, deep purple crinkled leaves. Each leaf is ruffled and serrated. Outstanding in the garden or a border, great for flavoring. Annual. (Only 75% are purple-leaved. High PH or heavy peat content increases the % of green leaves). Annual.

RED RUBIN - 7723

⌘ 18 in. - 20,500 S. A purple, large leaf version of Italian leaf ocimum. Sweet scented foliage.

- Each of the above: (30A1) 500 sds-\$5.35; 1,000 sds-\$7.51; 2,000 sds-\$12.46; 5,000 sds-\$25.57; 10,000 sds-\$43.79

SPICY GLOBE - 7755

8-10 in. - 19,000 S. Compact growing with small leaves. Full flavored, use fresh or dried. Annual.

- (HF) 1,000 sds-\$5.35; 2,000 sds-\$8.85; 5,000 sds-\$15.80; 10,000 sds-\$29.85

SWEET (BUSH) - 7743

10-12 in. - 21,000 S. Bush or small leaved green. Annual.

- (31A1) 1,000 sds-\$5.35; 2,000 sds-\$6.73; 5,000 sds-\$13.21; 10,000 sds-\$22.21; 25,000 sds-\$46.78

SWEET DANI - 7759

⌘ 20-24 in. - 14,500 S. (All America Winner - 1998). Masses of tiny white flowers held above highly distinctive lemon scented leaves. Very attractive growth habit make this variety valuable as both a flowering and a vegetative ornamental plant. Annual.

- (29A1) 250 sds-\$5.35; 500 sds-\$7.25; 1,000 sds-\$11.96; 2,000 sds-\$19.96; 5,000 sds-\$41.80

SWEET GENOVESE - 7734

24 in. - 16,500 S. Large, dark green, crinkled, thick leaves of strong scented, spicy basil flavor. Very popular as a fresh market basil and for gourmet cooking. Annual.

SWEET (ITALIAN) - 7742

18 in. - 17,000 S. Heirloom. Italian Lettuce leaf type. Green or dried, chiefly used for seasoning. Annual.

- Each of the above: (H110) 1,000 sds-\$5.35; 2,000 sds-\$8.85; 5,000 sds-\$15.50; 10,000 sds-\$27.35

THAI - 7694

16 in. - 13,500 S. (Queen of Sheba). Strongly scented green leaves with intense purple flowers. Annual.

- (D046) 250 sds-\$5.35; 500 sds-\$8.85; 1,000 sds-\$12.40; 2,000 sds-\$19.85; 5,000 sds-\$37.70

BERGAMOT

LÉMON - 7760

40-48 in. - 65,000 S. Citrus oregano scented leaves with pink and purple flowers. Often used as a spice and seasoning of wild game.

- (C042) 1,000 sds-\$5.45; 2,000 sds-\$9.20; 5,000 sds-\$22.60; 10,000 sds-\$39.85

BLOODFLOWER

BLOODFLOWER - 7820

30 in. - 10,000 S. Easy to grow. Bright orange-scarlet and yellow flowers. Indians had used to induce vomiting and expel worms. Will attract butterflies all season. Perennial.

- (H051) 100 sds-\$5.35; 200 sds-\$8.90; 500 sds-\$19.80; 1,000 sds-\$37.65

BORAGE

BORAGE - 7744

18 in. - 1,500 S. Heirloom. Blue flowers. Used for flavoring foods. Annual.

- (HC) 500 sds-\$5.35; 1,000 sds-\$8.85; 2,000 sds-\$14.55; 5,000 sds-\$27.35

BURNET

BURNET - 7748

12 in. - 3,000 S. Heirloom. Compound leaves with white or rose flowers. Popular cucumber like flavor in sauces, salads and cold drinks. Perennial.

- (H084) 250 sds-\$5.35; 500 sds-\$8.85; 1,000 sds-\$12.40; 2,000 sds-\$19.75

CARAWAY

CARAWAY - 7745

18-24 in. - 9,500 S. Heirloom. Seeds used for flavoring bread, meat and liquors. Used for flavoring in breads, soups, salads, stews, cheeses, pickling brines, and meat dishes. Will help in the digestion of heavy, rich meals. Caraway seeds were so revered by the 6th century Persians that citizens used them to pay taxes. Biennial.

- (H085) 1,000 sds-\$5.35; 2,000 sds-\$8.85; 5,000 sds-\$12.40; 10,000 sds-\$19.20

CATNIP

CATNIP - 7763

18 in. - 42,500 S. Heirloom. Green or dried leaves used for seasoning and as a tea for nervous headaches and upset stomachs. Perennial.

- (H138) 1,000 sds-\$5.35; 2,000 sds-\$8.85; 5,000 sds-\$13.60; 10,000 sds-\$24.20

CELERY LEAF

CELERY LEAF - 7821

12-15 in. - 80,000 S. Solid, thick stalks that are topped with upright green foliage. Leaves are aromatic in seasoning of stews, soups, meats and poultry. Annual.

- (H052) 1/4 oz.-\$5.35; 1/2 oz.-\$8.90; 1 oz.-\$15.80

CHERVIL

CHERVIL - 7771

24 in. - 14,000 S. Curly type leaves resemble Parsley with an anise-tarragon like flavor. Annual.

- (C114) 1,000 sds-\$5.35; 2,000 sds-\$8.85; 5,000 sds-\$19.20; 10,000 sds-\$34.70

CHICORY-WILD

CHICORY-WILD

Discontinued. As a substitute, we suggest Chicory Witloof.

CHAMOMILE

GERMAN - 7776

14-18 in. - 270,000 S. Matricaria chamomilla. Heirloom. Attractive white flowers make this plant an attractive ground cover. Apple scented foliage. Dried flowers used for tea, and an aid for digestion. Research shows that Chamomile tea stimulates the immune systems's infection fighting cells and reduces discomfort of the cold and flu anxiety. Hardy Annual.

- (H112) 10,000 sds-\$5.35; 20,000 sds-\$8.85; 50,000 sds-\$14.55; 100,000 sds-\$27.35

ROMAN - 7730

4-6 in. - 165,000 S. Chamaemelum nobile. Heirloom. Popular perennial groundcover. A low-growing perennial having the same medicinal values as the annual strain. Best grown in a cool, shaded area.

- (HF) 1,000 sds-\$5.35; 2,000 sds-\$8.85; 5,000 sds-\$15.80; 10,000 sds-\$29.85

CHIVES

GARLIC - 7747

⌘ 10-12 in. - 5,000 S. (Chinese Leeks). Heirloom. Mild garlic flavor; grassy leaves are broader and taller than regular onion chives. Very popular in salads and stir-fry recipes. If they begin to stretch, cut back for dense growth. White flowers. Perennial.

- (H111) 500 sds-\$5.35; 1,000 sds-\$8.85; 2,000 sds-\$14.55; 5,000 sds-\$27.35

GRASS ONION - 7577

⌘ 10-12 in. - 21,000 S. Heirloom. Excellent onion flavor for cooking and seasoning. Used in China over 3,000 years ago. Perennial.

- (H105) 5,000 sds-\$5.35; 10,000 sds-\$8.85; 25,000 sds-\$19.80

CILANTRO

SANTO - 7898

3,000 S. Slow to bolt type. 15 in. Grown for its leaves rather than seeds. Very popular in Mexican cuisine, at its best when leaves are used fresh for its full flavor. Herbalists use the leaves in a tea to aid digestive problems.

- (30B2) 500 sds-\$5.35; 1,000 sds-\$7.76; 2,000 sds-\$13.15; 5,000 sds-\$28.93; 10,000 sds-\$53.98

CLARY

CLARY - 7700

36 in. - 6,500 S. Attractive blue-white flowers with violet bracts; very aromatic. Used as a flavoring in wines for centuries. Flowers soaked in water create an eye wash for cleansing mucous from the eye. Perennial.

- (H123) 1/64 oz.-\$5.35; 1/32 oz.-\$8.85; 1/16 oz.-\$12.40; 1/8 oz.-\$21.60; 1/4 oz.-\$40.70

CONEFLOWER

CONEFLOWER - 7401

24 in. - 37,000 S. Yellow, daisy-like flowers. A native wildflower in many parts of the United States. Native Indians used it for wounds, fevers, skin disorders, and as a balm ointment. Perennial.

- (TS) 500 sds-\$5.35; 1,000 sds-\$8.85; 2,000 sds-\$12.40; 5,000 sds-\$23.60

HERBS

CORIANDER

CILANTRO OR CHINESE PARSLEY - 7746

12-18 in. - 4,000 S. Heirloom. Seeds used in meats, sauces, sausages, pickles, etc., young green leaves in soups, salads and salsa. Annual.

- (HF) 1,000 sds-\$5.35; 2,000 sds-\$8.85; 5,000 sds-\$15.80; 10,000 sds-\$29.85

CORNFLOWER

CORNFLOWER - 7828

36 in. - 5,000 S. Bright blue flowers all season. Herbalists believe the tonic has a curative and calming action for nervous disorders. As an eye wash it will clear and strengthen weak eyes. Annual

- (H055) 1/4 oz.-\$5.35; 1/2 oz.-\$8.85; 1 oz.-\$14.55

CRESS

TRUE WATER

Sorry, no longer available.

EDELWEISS

EDELWEISS - 7803

6 in. - 282,000 S. White wooly star-like flowers. A familiar plant to many Europeans as this is a popular plant throughout the countryside and mountain roads. Popular as a tea to treat diarrhea and dysentery. Used widely as a cosmetic cream to aid healing and control facial wrinkles.

- (L037) 1,000 sds-\$5.65; 2,000 sds-\$8.85; 5,000 sds-\$12.40; 10,000 sds-\$17.35

EPAZOTE

EPAZOTE - 7757

192,000 S. Widely used in all Mexican foods. Used as a flavoring for cooked greens. Annual.

- (H140) 1,000 sds-\$5.35; 2,000 sds-\$8.85; 5,000 sds-\$14.55; 10,000 sds-\$27.35

EUCALYPTUS

EUCALYPTUS - 7835

41,500 S. Broad, shiny leaves on smooth grayish-white stems. Lozenges for a sore throat, cough drops and antiseptic rinses are made with oil from the leaves. Popular indoor plant used to neutralize and deodorize the air. Perennial.

- (H057) 250 sds-\$5.95; 500 sds-\$9.80; 1,000 sds-\$17.60; 2,000 sds-\$33.20; 5,000 sds-\$64.40

FEVERFEW

FEVERFEW - 7453

24 in. - 208,000 S. Fully double, pure white flowers. Feverfew comes from the Latin word febrifugia meaning driver out of fevers. Scientists believe that it contains chemicals that may calm the muscles of the digestive tract. Feverfew tea will aid digestion after meals and is believed to lower high blood pressure. Perennial.

- (HF) 1,000 sds-\$5.35; 2,000 sds-\$8.85; 5,000 sds-\$15.80; 10,000 sds-\$29.85

FLAX

FLAX - 7406

24 in. - 15,500 S. Attractive border plant with pretty blue flowers. Seeds contain linseed oil and are used for diarrhea, coughs, and rheumatic pain. Perennial.

- (HE) 500 sds-\$5.35; 1,000 sds-\$8.85; 2,000 sds-\$15.30; 5,000 sds-\$29.10

FENNEL

BRONZE AND GREEN - 7452

☞ 9,500 S. Excellent flavor for sauces, soups, and fish dishes. Nice ornamental variety that is a mix of bronze-red and dark green feathery leaves. Attractive accent to fresh salads. Perennial.

SMOKEY-BRONZE - 7751

☞ 30 in. - 16,000 S. Use in sauces, with fish and as a accent garnish. Attractive, delicate foliage that is smokey-bronze. Nice ornamental variety. Perennial.

- Each of the above: (H033) 1/64 oz.-\$5.35; 1/32 oz.-\$8.85; 1/16 oz.-\$15.80; 1/8 oz.-\$29.85; 1/4 oz.-\$57.95

SWEET FLORENCE - 7752

36-48 in. - 7,500 S. Heirloom. Leaves used in fish sauces and for garnishing. Young shoots are an excellent tender vegetable called Finocchio. Will attract butterflies all season. European researchers have indicated this herb relaxes the muscles in the digestive system and helps expel gas. Also, it is believed to kill some forms of bacteria and is helpful in treating diarrhea. Perennial.

- (HF) 1,000 sds-\$5.35; 2,000 sds-\$8.85; 5,000 sds-\$15.80; 10,000 sds-\$29.85

TREVI - 7894

☞ 18-24 in. - 9,600 S. Grown for their large, firm bulbs and its great taste its one of the best for fall harvesting. Can also be spring planted. Great breaded, fried, and shaved raw into salads, grilled, roasted or cooked slowly with tomatoes and garlic. Slow cooking brings out the wonderful sweetness that so many people find delightful. Zones: 7

- (C051) 500 sds-\$5.35; 1,000 sds-\$8.85; 2,000 sds-\$12.40; 5,000 sds-\$25.35; 10,000 sds-\$48.95

HEARTEASE

HEARTEASE - 7804

6-8 in. - 43,000 S. Pansy-like faces of purple, blue and yellow combinations. Herbalists use for dropsy, respiratory ailments and skin eruptions. Flowers are edible. Perennial.

- (HF) 1,000 sds-\$5.35; 2,000 sds-\$8.85; 5,000 sds-\$15.80; 10,000 sds-\$29.85

HOREHOUND

HOREHOUND - 7761

☞ 24 in. - 29,500 S. Heirloom. Early settlers used this herb as a honey flavored tea remedy for coughs, colds, tuberculosis, hepatitis, and as a laxative. Current herbalists suggest using it as a gargle for tonsillitis, sore throat, and coughing. Perennial.

- (HE) 500 sds-\$5.35; 1,000 sds-\$8.85; 2,000 sds-\$15.30; 5,000 sds-\$29.10

HOUSELEEK

HOUSELEEK - 7837

3 in. - 454,500 S. Mat forming, low growing plants with thick, fleshy leaves and flowers in a complete mixture of colors. Very attractive in dish gardens and terrariums. Juice from the fleshy leaves is used as a lotion on burns, rashes and skin disorders. Perennial.

- (H059) 1,000 sds-\$5.35; 2,000 sds-\$8.85; 5,000 sds-\$12.40; 10,000 sds-\$15.60

HAWKWEED

10-12 in. - Sorry, no longer available.

HYACINTH BEAN

HYACINTH BEAN - 7411

100 S. A very showy climber with green foliage and purple flowers and pods. Chinese herbalists use as a tonic for the treatment of diarrhea, stomach disorders and internal bleeding. In India, they believe the entire plant can be eaten - leaves, flowers, pods, seeds, and sprouts. A healthy addition to their diet. Perennial.

- (D081) 1/8 oz.-\$5.35; 1/4 oz.-\$8.85; 1/2 oz.-\$12.40; 1 oz.-\$14.75; 4 oz.-\$49.80

HYPERICUM

PERFORATUM - 7798

18 in. - 244,000 S. (St. John's Wort). Beautiful yellow flowers in many flowered terminal clusters. Nice garden performance with medicinal and herbal qualities. Perennial.

- (H027) 1/64 oz.-\$5.35; 1/32 oz.-\$8.85; 1/16 oz.-\$12.80; 1/8 oz.-\$23.60; 1/4 oz.-\$44.35

HYSSOP

HYSSOP - 7762

18 in. - 27,777 S. Heirloom. Strongly scented flowers used as a perfume base. Attracts butterflies all season. The Book of Psalms says "Purge me with Hyssop and I shall be clean". (It was used as a poultice to cure cold sores and genital herpes). Current herbalists suggest using it as a gargle for tonsillitis, sore throat, and coughing. Perennial.

- (HE) 500 sds-\$5.35; 1,000 sds-\$8.85; 2,000 sds-\$15.30; 5,000 sds-\$29.10

JACOBS LADDER

JACOB'S LADDER - 7412

24 in. - 33,000 S. Large clusters of 1/2 in. bright blue flowers and fern-like foliage. Will bloom May-September. A remedy for headaches, nervousness, and heart irregularities. Perennial.

- (P068) 500 sds-\$5.65; 1,000 sds-\$9.80; 2,500 sds-\$22.45; 5,000 sds-\$42.80

LAVANDER

See listing under Annuals and Perennials

LOVAGE

LOVAGE - 7775

50 in. - 11,000 S. Heirloom. Beautiful clusters of yellow flowers. Aromatic seeds used in cakes. Celery-like plant, ideal in soups and salads. Herbalists believe the root can be used as a natural diuretic, like Parsley. Perennial.

- (31A1) 1,000 sds-\$5.35; 2,000 sds-\$6.73; 5,000 sds-\$13.21; 10,000 sds-\$22.21; 25,000 sds-\$46.78

MARJORAM

SWEET - 7764

☞ 20 in. - 91,000 S. Fresh or dried leaves for seasoning. Roman herbalists believed this herb could heal bruises, treat snakebite, soothe sore muscles and joints, and treat eye infections. Marjoram tea will help settle the stomach and help avoid motion sickness. Annual.

- (H139) 1,000 sds-\$5.35; 2,000 sds-\$8.85; 5,000 sds-\$14.55; 10,000 sds-\$27.35



MINT

LEMON MINT - 7773

40 in. - 65,000 S. Monarda citriodora. Heirloom. Similar to Balm with larger lemon-scented leaves. Will attract butterflies all season. Perennial.

- (C042) 1,000 sds-\$5.45; 2,000 sds-\$9.20; 5,000 sds-\$22.60; 10,000 sds-\$39.85

PEPPERMINT - 7778

20 in. - 350,000 S. Mentha piperita. Heirloom. As a tea, it may help to prevent stomach ulcers and stimulate bile secretion. Used as an antacid. Grow in your garden to control insects, rub leaves on your clothing to repel fleas, mosquitos, ticks, gnats, and flies. Perennial. Weeks to finish: 12-15. Zones: 3-8

- (A077) 5,000 sds-\$5.65; 10,000 sds-\$8.85; 25,000 sds-\$14.70; 50,000 sds-\$27.40

SPEARMINT - 7779

10 in. - 333,000 S. Mentha spicata. Sweet-scented leaves for flavoring. Will attract butterflies all season. Perennial. Zones: 3-7

- (H121) 5,000 sds-\$5.35; 10,000 sds-\$8.85; 20,000 sds-\$12.40; 40,000 sds-\$21.60

MULLEIN

MÜLLEIN - 7769

60 in. - 69,000 S. Single 1 in. yellow flowers with distinctive wooly foliage. Before the introduction of cotton, the ancients used its leaves and stems as candle wicks. Once soaked in suet to make them burn longer, they were used as torches. Mullen tea is used to treat coughs, colds, sore throats and help treat diarrhea. Perennial.

- (31E2) 1,000 sds-\$5.90; 2,000 sds-\$9.32; 5,000 sds-\$19.70; 10,000 sds-\$36.20; 25,000 sds-\$84.50

NEPETA

NĒPĒTA - 7422

12 in. - 39,000 S. N. mussini. (Catmint). Beautiful 1 in. mid-blue flowers that will flower all season. Cats love it and it will help repel deer in some areas. Will flower the first year from seed. Herbalists use the leaves in tea for nervous headaches and upset stomachs. Perennial.

- (30B2) 500 sds-\$5.35; 1,000 sds-\$7.76; 2,000 sds-\$13.15; 5,000 sds-\$28.93; 10,000 sds-\$53.98

NIGELLA

NIGĒLLA - 7423

24 in. - 10,500 S. Attractive blue flowers with finely marked leaves. Seeds are used as a flavoring in soups and pastry. Leaves stored with clothing will repel insects. Used for its leaves in the perfume industry for many years. Annual.

- (HF) 1,000 sds-\$5.35; 2,000 sds-\$8.85; 5,000 sds-\$15.80; 10,000 sds-\$29.85

OREGANO

HĒRACLĒOTĪCUM (GREEK) - 7766

☞ 14-24 in. - 303,000 S. (Greek Oregano). Heirloom. Used for sauces and seasoning. Strong, spicy flavor. Add to sauces and pasta salads. As a tea, herbalists believe it can be used as a digestive aid, relief from arthritis, relieve discomfort for chest congestion, colds, flu and effective as a tranquilizer. Perennial.

- (H122) 5,000 sds-\$5.35; 10,000 sds-\$8.85; 20,000 sds-\$12.40; 40,000 sds-\$21.60

PANSY

PANSY - 7845

8 in. - 36,000 S. Medium sized violet-blue flowers with a lavender center and yellow eye. Flowers are edible. Use in salads, desserts, or as a decorative garnish with any meal. Perennial.

- (TR) 1,000 sds-\$5.35; 2,000 sds-\$8.85; 5,000 sds-\$13.50; 10,000 sds-\$25.65

PARSLEY

EXTRA CURLĒD DWARF - 7770

12 in. - 14,000 S. Heirloom. Finely curled, compact dark green leaves, very productive. Early herbalists believed this herb to be a diuretic for kidney problems, fluid accumulation and a substitute for quinine to treat malaria. It is very high in Vitamins A and C and is an excellent natural breath freshener, digestive aid and tea to treat high blood pressure and rheumatism. More compact growing than the standard garden variety. Annual.

- (P104) 1,000 sds-\$5.35; 5,000 sds-\$8.85; 10,000 sds-\$12.40; 25,000 sds-\$18.90

SINGLE OR ITALIAN LEAF - 7846

16 in. - 15,000 S. Heirloom. Plain or flat, deep cut dark green leaves with a very strong flavor. An excellent addition to salads, cooked vegetables, soups, or stews. Taller and stronger flavor than the standard strain. Annual.

- (H068) 1,000 sds-\$5.35; 5,000 sds-\$8.85; 10,000 sds-\$12.40; 25,000 sds-\$18.90

PARSLEY ROOT

PARSĒLY RŪOT - 7424

19,000 S. (Arat). Heirloom. 8-10 in. Long carrot-parsnip like roots used for seasoning in soups and stews. Tender leaves can be used as a flavor to salads or steamed. Leaves can be also used in tea as a natural diuretic or treatment of pain from rheumatism. Annual.

- (P101) 1,000 sds-\$5.35; 2,000 sds-\$8.85; 5,000 sds-\$12.40; 10,000 sds-\$19.80

PENNYROYAL

FĒLĒBĀNE - 7767

370,000 S. Heirloom. Creeping growth habit. Leaves are used in tea to aid stomach disorders and digestion. Good edging to repel insects and fleas. Roman naturalists detected that this herb repelled fleas - this is where the name fleabane was derived from. Grow in your garden to control insects and rubbing the leaves on your clothing or pets to repel fleas, mosquitoes, ticks, gnats and flies. It is the main ingredient found in natural insect repellants. Perennial.

- (HH) 1,000 sds-\$5.65; 2,000 sds-\$9.80; 5,000 sds-\$17.95; 10,000 sds-\$34.40

PEPPERMINT

See listing under Mint in this section

PLANTAIN

30 in. - Sorry, no longer available.

PURSLANE

1 in. - Sorry, no longer available.

QUEEN ANNE'S LACE

QUEĒN ANNE'S LACE - 7806

36 in. - 45,500 S. (Wild Carrot Flower). Attractive white flowers on 6 in. white clusters. Nice cut flower. Herbalists use in the treatment of dropsy, kidney ailments and bladder infections. Moist leaves applied to cuts and sores will help the healing. Annual.

- (A016) 1/8 oz.-\$5.35; 1/4 oz.-\$8.85; 1/2 oz.-\$12.45; 1 oz.-\$22.90

ROSEMARY

RŌSEMARY - 7787

24 in. - 22,000 S. Heirloom. For relief of headache, seasoning, perfume. Ancient herbalists believe that a sprig of Rosemary under your pillow will ward off bad dreams and if planted in the garden will repel witches. Traditional herbalists use it to treat stomach disorders, headache, insomnia, indigestion, depression, muscle pain, and as a gargle for bad breath. Medieval Greek students once wore garlands of fresh Rosemary around their heads believing the Herb would improve their memory. Perennial.

- (H100) 250 sds-\$5.35; 500 sds-\$8.85; 1,000 sds-\$12.40; 2,000 sds-\$21.60

RUE

RŪĒ - 7783

24 in. - 14,000 S. Heirloom. Flavorful addition to cheese entrees, gravy and salads. Herbal medicine for sore throats, headaches and sore joints. Aromatic, silvery-blue leaves. Will repel whitefly in the garden. Good edging, that will repel insects. Perennial.

- (H095) 1/64 oz.-\$5.35; 1/32 oz.-\$8.85; 1/16 oz.-\$12.40; 1/8 oz.-\$18.75; 1/4 oz.-\$35.85

RUPTUREWORT

RŪPTUREWŪRT - 7847

4 in. - 500,000 S. An evergreen trailer with mat forming habit. Ideal in mass plantings or rock gardens. Used to correct kidney pain, urinary problems and to release sodium from the system. Perennial.

- (H069) 1,000 sds-\$5.35; 2,000 sds-\$8.85; 5,000 sds-\$12.40; 10,000 sds-\$19.85

SAFFLOWER

30 in. - Sorry, no longer available.

SAGE

GĀRDEN SAGE - 7777

☞ 24 in. - 3,500 S. Heirloom. Fresh or dried leaves for seasoned poultry, sausage, meats, dressing, and fillings, etc. Will attract butterflies and repel insects all season. Gargle with sage tea to soothe sore throats. Salvia comes from the Latin word meaning to heal. Physicians will often suggest a cup of hot Sage tea to soothe the stomach or as a gargle for tonsillitis. Perennial.

- (H096) 250 sds-\$5.35; 500 sds-\$8.85; 1,000 sds-\$14.55; 2,000 sds-\$27.35

SALVIA

SCARLEA - 7790

40 in. - 6,500 S. Heirloom. Blue-white flowers with violet bracts. Used as a flavoring in wines. Perennial.

- (H123) 1/64 oz.-\$5.35; 1/32 oz.-\$8.85; 1/16 oz.-\$12.40; 1/8 oz.-\$21.60; 1/4 oz.-\$40.70

SAVORY

SUMMER - 7753

12-18 in. - 50,000 S. *Satureja hortensis*. Heirloom. For flavoring salads, dressings, stews and gravies. As a tea, will reduce fever and aid digestion. Widely used as an herb in soups, stuffings, sausages and stews. Repels insects from the garden. Needs light to germinate. Annual.

- (34A2) 5,000 sds-\$5.35; 10,000 sds-\$6.58; 25,000 sds-\$13.06; 50,000 sds-\$23.38; 100,000 sds-\$43.28

SAVORY

WINTER - 7765

8-15 in. - 67,000 S. *Satureja montana*. Heirloom. For flavoring salads, dressings, stews and gravies. Widely used as an herb in soups, stuffings and stews. Perennial.

- (HH) 1,000 sds-\$5.65; 2,000 sds-\$9.80; 5,000 sds-\$17.95; 10,000 sds-\$34.40

SEA LAVENDER

SEA LAVENDER - 7850

18 in. - 30,000 S. Beautiful lavender-blue flowers. A nice cut flower; fresh or dried and used as a fabric dye. Indians used this as a tonic to control diarrhea. Perennial.

- (H071) 250 sds-\$5.35; 500 sds-\$8.85; 1,000 sds-\$12.40; 2,000 sds-\$16.90

SNEEZEWORT

SNEEZEWORT - 7858

24 in. - 91,000 S. Attractive, pure white double flowers from early spring through fall. A nice cut flower or used in dried arrangements. Herbalists used the dust from dried flowers to snuff or inhale through the nose to induce sneezing and clearing of the nasal passages.

- (HE) 500 sds-\$5.35; 1,000 sds-\$8.85; 2,000 sds-\$15.30; 5,000 sds-\$29.10

SORREL

SORREL - 7780

25,000 S. Heirloom. The popular large leaved French type. Used in sauces, soups, gravy and salads. Perennial.

- (HF) 1,000 sds-\$5.35; 2,000 sds-\$8.85; 5,000 sds-\$15.80; 10,000 sds-\$29.85

SPEARMINT

See listing under Mint in this section

SPEEDWELL

SPEEDWELL - 7438

30 in. - 333,000 S. Clusters of attractive blue flowers. Herbalists use it for coughs, bronchitis, slow healing wounds, skin rashes, and as a skin lotion. Perennial.

- (V026) 1,000 sds-\$5.35; 2,000 sds-\$8.85; 5,000 sds-\$12.40; 10,000 sds-\$16.30; 20,000 sds-\$31.40

STEVIA

SWEET HERB - 7441

26-72 in. - 73,800 S. *S. rebaudiana*. (Sugar Plant). A natural dietary supplement. Leaves are estimated to be 150 to 300 times sweeter than refined sugar. Many have said one small piece of the leaf will keep the mouth sweet for an hour. Perennial.

- (H008) 50 sds-\$7.35; 100 sds-\$12.90; 250 sds-\$23.25; 500 sds-\$41.10

TARRAGON

TARRAGON, RUSSIAN - 7784

18 in. - 172,500 S. Leaves for seasoning. Sharp, licorice-like flavor. The main ingredient in bear-naise sauce. Ancient Greeks uses Tarragon to numb the mouth by chewing the leaves to relieve pain from tooth aches. Traditional herbalists believe that Tarragon contains chemical Rutin that strengthens capillary walls and prevents plaque deposit associated with heart disease and strokes when taken as a tea. Perennial.

- (31A1) 1,000 sds-\$5.35; 2,000 sds-\$6.73; 5,000 sds-\$13.21; 10,000 sds-\$22.21; 25,000 sds-\$46.78

THYME

SERPHYLLUM - 7786

6-8 in. - 250,000 S. Heirloom. (Mother of Thyme). Creeping, sweet scented foliage. Use in paths for a sweet aroma. It is widely used in mouth washes and decongestants. For centuries, it has been used as an antiseptic, cough remedy and digestive aid. Used as a tea, it will aid patients with emphysema. Perennial.

- (H097) 1,000 sds-\$5.35; 2,000 sds-\$8.85; 5,000 sds-\$12.40; 10,000 sds-\$18.70

VULGARIS - 7785

18 in. - 100,000 S. Heirloom. (English Thyme). Broad-leaved; widely used for seasoning. Helps digestion of fatty foods. Also called English Thyme. It is widely used in mouth washes and decongestants. For centuries, it has been used as an antiseptic, cough remedy and digestive aid. Used as a tea, it will aid patients with emphysema. Perennial.

- (A015) 5,000 sds-\$5.35; 10,000 sds-\$8.85; 25,000 sds-\$16.20; 50,000 sds-\$29.40

VALERIAN

VALERIAN - 7435

☞ 24 in. - 20,000 S. Heirloom. Compact, bushy plant with fragrant red flowers that will bloom all summer. Nice cut flower that will attract butterflies all season. Young leaves can be eaten in salads or as cooked greens. Roots and leaves are used to calm tension, relieve headaches, insomnia and migraines. Perennial.

- (C085) 250 sds-\$5.35; 500 sds-\$8.85; 1,000 sds-\$13.80; 2,000 sds-\$26.40

WALLFLOWER

WALLFLOWER - 7862

18 in. - 18,000 S. Heirloom. (English or Siberian Wallflower). Deep golden yellow flowers used as a cut flower, dried arrangements, potpourri and as a fabric dye. Perennial.

- (QV) 5,000 sds-\$5.35; 10,000 sds-\$8.85; 20,000 sds-\$14.90

WORMWOOD

WORMWOOD - 7789

20 in. - 333,000 S. Heirloom. Daisy-like white flowers with aromatic leaves. Widely used as a medicinal tea. Perennial.

- (H118) 1,000 sds-\$5.35; 2,000 sds-\$8.85; 5,000 sds-\$13.30; 10,000 sds-\$24.90

YARROW

YARROW - 7791

24 in. - 172,500 S. Heirloom. Historians have written that during the Trojan War, Achilles stopped the bleeding of his fellow soldiers' wounds by applying Yarrow's fernlike leaves to their injuries. Current herbalists believe that used as a tea, it will relax the stomach muscles, aid digestion, reduce the severity of colds and flu and avoid insomnia. Perennial.

- (QB) 1,000 sds-\$5.35; 2,000 sds-\$8.85; 5,000 sds-\$14.95; 10,000 sds-\$28.20

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